



All levels
1h30 classes

APRIL 2022 - ABRIL 2022

HORARIO SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
08h30	Rocket Yoga & Breathwork CHIRINGUITO GAIA	Start and finish your week with a Beach Rocket Yoga Session + Energy Breath work + Dip in the ocean			Rocket Yoga & Breathwork CHIRINGUITO GAIA
10h00	VINYASA	DYNAMIC VINYASA	PROGRESSIVE ROCKET	PROGRESSIVE ROCKET	YOGA BASICS
18h00	Starting 19/04/2022 →	PRENATAL YOGA		PRENATAL YOGA	
19h30	VINYASA	Traditional HATHA	VINYASA	ENERGY VINYASA	Power of KUNDALINI
	LUNES	MARTES	MIERCOLES	JUEVES	VIERNES



@freeyourmind_yoga

+34 620 25 11 22

DIMENSIÓN BIENESTAR
NEXT TO PICOTEO

Calle Mariano Vinuesa, 5 - TARIFA

SABADOS	
11h00 SUNDAY	THE YOGA CLASS YOGA STUDIO

DOMINGOS	
11h00 SUNDAY	ENERGY VINYASA YOGA STUDIO

EVENTOS EVENTS

02/04
SÁBADO
Saturday

17h30 | **Free Community Event**
New Moon Gathering
Circulo de Luna Nueva

09/04
SÁBADO
Saturday

10h30 | **Masterclass + Brunch**
Rocket Legs
Piernas Rocket
 Chiringuito GAIA

16/04
SÁBADO
Saturday

11h | **WORKSHOP**
Sacred Feminine
Taller Feminidad Sagrada

23/04
SÁBADO
Saturday

11h | **Masterclass**
Power of Kundalini
Poder del Kundalini
 Chiringuito GAIA

PLAZAS LIMITADAS
LIMITED SPOTS AVAILABLE

Powered by Free your Mind

PRECIOS ॐ PRICES

Bono 5 clases - 5 classes	60€
Residentes	50€
Bono 10 clases - 10 classes	100€
Residentes	80€
Clase suelta - Drop in class	15€
Residentes	12€