

SUMMER SOLSTICE FESTIVAL

Kundalini Yoga
Yoga for Kitesurfers
Yin Yoga
Meditations
Moon calendar
and more...

AN INTENSE WEEKEND IS COMING! SUMMER SOLSTICE, NEW MOON, SUN ECLIPSE AS WELL AS INTERNATIONAL YOGA DAY! GATHER FOR 3 DAYS OF EVENTS, YOGA AND MUCH MORE WITH OUR INTERNATIONAL TEAM.



LIVE



JOIN US ONLINE THIS WEEKEND

JUNE 19 - 20 - 21, 2020 ·

ON ZOOM.US (WEBSITE OR APP)



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SUMMER SOLSTICE FESTIVAL



PROGRAM

TEACHERS & SPEAKERS

EUROPEAN TIMES (GMT+2)

FRIDAY 19TH JUNE

19:30 INTRODUCTION CELESTIAL EVENTS &
MEDITATION CLASS - UTA

SATURDAY 20TH JUNE

07:30 SUMMER SOLSTICE PREPARATION CLASS
HONORING THE INNER LIGHT - UTA

9:00 YOGA FOR KITESURFERS
HEART OPENING AND GROUNDING - TANJA

15:00 CONSCIOUS MOVEMENT - BODY RELEASING
FROM TENSIONS OR BLOCKAGES - ELISA

19:30 INTENTION SETTING & MEDITATION - UTA

SUNDAY 21TH JUNE

02:15 MORNING MEDITATION + PROSPERITY
KRIYA - UTA

06:00 ACTIVATION PEACE IS IN ME - UTA

10:00 BREATHING SESSION
ACTIVATE YOUR PINEAL GLAND - TANJA

17:30 YIN YOGA - YASMINA

19:30 MOON CALENDAR - CAROLE



LIVE & FREE VIA ZOOM.US

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